

# NO LIQUIDS CONTAINING RED DYES

*You can Drink the Following Until Midnight Prior to Procedure*

BEEF OR CHICKEN BOUILLON SOUP  
APPLE JUICE  
WHITE GRAPE JUICE  
WHITE CRANBERRY JUICE  
JELLO OR POPSICLES (*GREEN/YELLOW ONLY*)  
GATORADE (*YELLOW ONLY*)  
SODAS (*SPRITE/MOUNTAIN DEW/7UP*)  
GINGER ALE  
WATER  
FLAVORED WATER  
FROZEN LEMONADE

*Do NOT Eat or Drink the Following the Day Before/Day of Procedure*

NO COFFEE  
NO TEA  
NO DARK CARBONATED BEVERAGES  
NO ALCOHOL  
NO SMOKING  
NO CHEWING GUM  
NO HARD CANDY

*You may resume a normal diet after procedure is completed unless physician says otherwise.*



# IMPORTANT MEDICATION GUIDELINES

## *Medications **ALLOWED** Day of Procedure with a **Small Sip of Water 2 Hours Prior to Arrival***

- Blood Pressure Medication
- Heart Medication
- Seizure Medication
- Pain Medication
- Breathing Medication

## *Medications **NOT ALLOWED** Day of Procedure*

- Diabetic Medication/Insulin
- All other medications prescribed or Over the Counter

*If you are on a Blood Thinner PLEASE contact PCP  
or Cardiologist for a clearance on Medication for  
**5 days prior to procedure.***

- Example: Aspirin, Plavix, Eliquis, Coumadin, etc.

